

Friday 28th February 2025

Dear Parents / Carers,

Re: Year 2 RHE lesson

We are writing to inform you about the curriculum coverage for Year 2's Relationships and Health Education (RHE) lessons. RHE is a statutory subject that is taught in every year group, in an age-appropriate manner and provides pupils with factual information and offers them time to ask questions in a safe environment.

RHE lessons play a crucial role in our children's development, equipping them with the knowledge and skills to understand their bodies, relationships, and boundaries. By teaching these topics, we aim to empower our children to protect themselves and to foster safe and respectful relationships and environments both in and out of school.

As part of our commitment to providing a comprehensive and age-appropriate education, and in line with the national curriculum expectations, Year 2 will be discussing the naming of private parts and appropriate contact in one of their lessons. Understanding the correct names for private parts and learning about appropriate and inappropriate contact are essential components in helping children feel confident and secure. We will be watching the NSPCC's PANTOSAURUS to support the children. The class will also be learning the NSPCC's 'PANTS' acrostic,

PANTS stands for:

- **P**rivates are private
- **A**lways remember your body belongs to you
- **N**o means no
- **T**alk about secrets that upset you
- **S**peak up, someone can help

We approach these sensitive topics with care and respect, ensuring that the information is delivered in a way that is suitable for their age and level of understanding. If you have any concerns or would like to discuss these lessons further, please do not hesitate to arrange a meeting with Miss Jellings (jjellings@inspirewoodhill.co.uk), our RHE lead. She will be happy to provide additional information and address any questions you may have.

Thank you for your continued support in helping us provide a well-rounded education for your children.

Yours Faithfully,

Miss Jellings
RHE Lead

