

Wednesday 26th February 2025

Dear Parents and Carers

We are delighted that you have chosen your Year 5 child to attend the residential School Journey from Monday 17th March to Friday 21st March to Kingswood Grosvenor Halls, Ashford.

Please find attached some additional information, including the kit list and important medical and dietary forms for you to complete and return to the office by Monday 3rd March

Please ensure you are up to date with your payment installment plan and contact us as soon as possible if you have any concerns.

Best wishes,



Mrs J Waterton



WOODHILL
PRIMARY SCHOOL

Consent and Medical Form

Interim Headteacher: Swabra Lloyd
Woodhill, Woolwich, London, SE18 5JE
T: 020 8854 5055

info@inspirewoodhill.co.uk
finance@inspirewoodhill.co.uk
www.woodhillschool.co.uk

General Information – please complete in CAPITAL letters

Full Name(s) of child: _____

Date of Birth: _____

Home address of pupil: _____

Emergency Contact Name: _____

Relationship to child: _____

Emergency Tel No. _____ (Day)

Emergency Tel No. _____ (Evening)

Name & Address of child's doctor: _____

Medical Information

Parents/carers are responsible for providing adequate information regarding their child's condition and medication. To ensure the safe administration of medication, please complete this form in full.

Is your child suffering, or have they suffered in the last six months from any allergy?

YES/NO

If yes, please give details:

Is your child suffering or have they suffered in the last 6 months, from any particular

YES/NO

illness or health problems? If yes, please give details:

Is your child taking any medicine or tablets?

YES/NO

If yes, please give details:

Is your child taking any medication which has not been prescribed by their doctor?

YES/NO

If yes, please give details:



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Are you happy for your child to be given paracetamol? YES/NO

Are you happy for your child to be given antihistamines? YES/NO

Are you happy for your child to be given travel sickness pills? YES/NO

Is there a possibility that your child may wet the bed/ sleep walk during their visit?
If yes please give details: YES/NO

Has your child been in contact with any contagious or infectious diseases or suffered from anything in the last four weeks that may be or become contagious or infectious?
If yes please give details: YES/NO

Does your child suffer from diabetes or epilepsy? If so, which? YES/NO

If YES please send written details of treatment obtained from your child's doctor.
(PARTY LEADER; If yes, does the Head of Centre and School Nurse approve of the visit?)

Is your child allergic to any medication? If YES, please give details: YES/NO

Does your child require a special diet for medical reasons? If YES, please give details: YES/NO

Is your child up to date with all their immunisations? YES/NO

Please give any further relevant information.



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Record of Medicine Administered to an Individual Child

Name of school	
Child's name	
Date medicine provided by parent	
Class	Year: Reg:
Quantity received	
Name and strength of medicine	
Expiry date	
Quantity returned	
Dose and frequency of medicine	

Staff signature:

Signature of parent:

Date			
Time given			
Dose given			
Name of member of staff			
Staff initials			

Date			
Time given			
Dose given			
Name of member of staff			
Staff initials			

Date			
Time given			
Dose given			
Name of member of staff			
Staff initials			

Personal Medications Consent:

Family Contact Information	
Name	
Daytime telephone no.	
Relationship to child	
Address	
<i>I understand that I must deliver the medicine personally to Mrs Waterton on the morning of the trip.</i>	

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to school staff administering medicine in accordance with the school policy. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

THIS INFORMATION WILL BE TREATED WITH CONFIDENTIALITY

Signature(s)

Date

Kit list:

Things you'll need

- Toiletries etc (please note deodorants must be roll-on, no aerosols).
- Clothes, shoes and underwear. For many activity sessions closed-toed shoes, long-sleeved t-shirts and trousers are required (these are required for nearly all sessions, so bring plenty.) We recommend wearing old clothes for activity sessions.
- Waterproof clothing (jacket, trousers and wellingtons).
- Large plastic bag for dirty clothes.
- A bath towel.
- Sunglasses, sun cream and hat in summer.
- Gloves, hat and scarf in winter.
- Pyjamas and slippers.
- A named water bottle (essential in summer).
- If you have swimming or pool party on your programme please ensure your students bring a swimming kit (only applicable for Kingswood's Isle of Wight, West Runton, Grosvenor Hall centres.)
- If you have watersports on your programme please ensure that you bring light-weight trousers or shorts, t-shirt and old trainers with closed laces.

Useful items

- Wet weather gear for field studies.
- Books, playing cards and other quiet activities.
- Money for snacks and souvenirs in our shop.

If you're staying in our Adventure Lodges please note that no outdoor footwear is allowed inside the accommodation so indoor footwear will be required. Also please bring appropriate sleepwear to ensure you are comfortable sleeping under canvas.

Kingswood can't accept liability for the loss of any personal property brought to our centres – so please don't bring any valuable items, expensive clothing and footwear, mobile phones, handheld games consoles etc. We're unable to store them and they won't be insured while on centre.



We will not be doing any water-based activities.

Please be aware that on certain activities clothing will get wet and muddy!

All clothing items should be named to avoid loss.

ALL ELECTRONICS MUST BE LEFT AT HOME. This ensures they are kept safe, but is also a safeguarding measure.

Frequently Asked Questions:

What are your accommodation arrangements like?

All of our dormitories are gender separated and sleep between 2 to 16 in bunk beds in each room. Sheets, duvets and pillows are provided. Some rooms are en-suite but there are always separate toilet and shower facilities for girls and boys close to dormitories.

Can parents telephone their children?

In special circumstances, of course. However, it has been our experience that parents phoning their children just to talk often makes the children's time away from home harder, rather than easier.

When is bedtime?

Our evening activities typically end around 9pm when students enjoy a refreshment before returning to their dorms. We suggest a lights-out policy of 10pm but this may vary depending on the age of the group and their teachers' preferences.

What's the food like?

Our breakfast, lunch and dinner menus are all created to boost energy, with health in mind and meet government recommendations on nutrition. Menus vary day-to-day according to the season but there is always a choice of hot and cold dishes, vegetarian options and fresh salad bars, with meals served in communal dining areas. We're happy to cater for special faith or dietary requirements if we are informed well in advance. You can view a sample menu in this pack or online ahead of your child's trip.

Will our child mix with others from different schools or groups?

Our centres usually have several schools and groups staying at any one time, but children will all stay together throughout the day. The only time groups can meet is in the evenings as part of our Social Sundown unless participating in the Interaction module. Students from different schools never share the same dorms.

Will my child cope?

All Kingswood staff are trained to take responsibility for the well-being of the children who are in their care. We have found that the best way to help children cope with being away from home is to keep them busy. As such, we create a warm, supportive environment for students so they quickly feel at home. Our activities are progressive, allowing students to join in at whatever level they're comfortable with. For obvious reasons some activities are age restricted and/or subject to the correcting of equipment.