

Thursday 7th July 2023

Dear Parents/Carers,

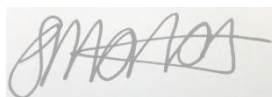
**Re: Relationships and Health Education**

As part of your child's education at Woodhill Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. Within this, we also teach RSE which is Relationships, Health and Sex education.

We are writing to let you know that during this term, your child's class will be taking part in lessons which will focus on the relationships, health and sex education (RSE) aspect of this programme as set out by the Government. This will better equip your child with the information they need to make safe, informed and healthy decisions as they progress through their life. Lessons will include pupils learning about healthy and respectful relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; online and media and developing self-esteem and confidence. Pupils will also have opportunities to ask questions. All PSHE and RSE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

Should you wish to watch the video prior to your child taking part in these sessions or have any further questions about these sessions, we invite you to speak to a member of either the year 6 or leadership team.

Kind regards,



Mrs Morton  
UKS2 Phase Leader

