



# Relationship Education (RsE)

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**Inspire**  
Partnership

# AIMS OF THIS SESSION

- To create a parent partnership
- To explain the changes to requirements in statutory RSE
- To ensure parents and carers understand why RSE is important
- To share how we currently teach RSE
- To share our updated RSE curriculum

***Some RSE topics are sensitive, and there may be differences of opinion within the room.***

***Please ensure your comments are respectful at all times.***



# Statutory RSE in England



From **September 2020**: Relationships education became **compulsory** in all primary schools.

Relationships and sex education (RSE) became **compulsory** in all secondary schools. **Health education** also became **compulsory** in all schools except independent schools (it is **statutory** in academies and free schools).

Schools that are not ready to teach the subjects, or are unable to meet the requirements because of the challenging circumstances, should aim to start preparations as soon as possible and begin teaching the new curriculum by at least the start of the **Summer Term 2021**

# RSE (Relationships Education)

We ensure that the **RSE curriculum** at the **Inspire Partnership** prepares children to be **leaders** of the future. Broadening minds, enriching communities and creating a better world for all is equal to pupil outcomes



# GROUND RULES

Before doing any activity with RsE outcomes, it is vital that pupils and staff set and agree ground rules. These ground rules should aim to ensure that the **all** the pupils are able to access their basic **human rights**:

- To be able to learn;
- To feel and be safe;
- To feel and be respected.



Before the lessons take place, time must be given for the pupils to think of what rules they must follow to ensure these rights are met. Time will be needed to agree these rules, check that everyone (including the teacher) is happy and able to follow the rules. The agreed rules then need to be easily accessible for pupils to see (e.g. on display in the classroom.) and should be reviewed and re-asserted in **every session** where the learning is to take place.



# DISCUSSION

- Where did you learn about RsE?
- What didn't you learn in school that you wished you did?
- Where do our children learn about RsE now?
- At the end of each school day what do you want your child/children to be feeling?



# PARENT AND HOME VALUES

- ❖ Curriculum is built on facts and information.
- ❖ Allows children to intertwine home values and school values.
- ❖ Enables all children to build upon their social skills through collaborative learning.
- ❖ Respects everyone's views, children are encouraged to share and listen to different opinions.



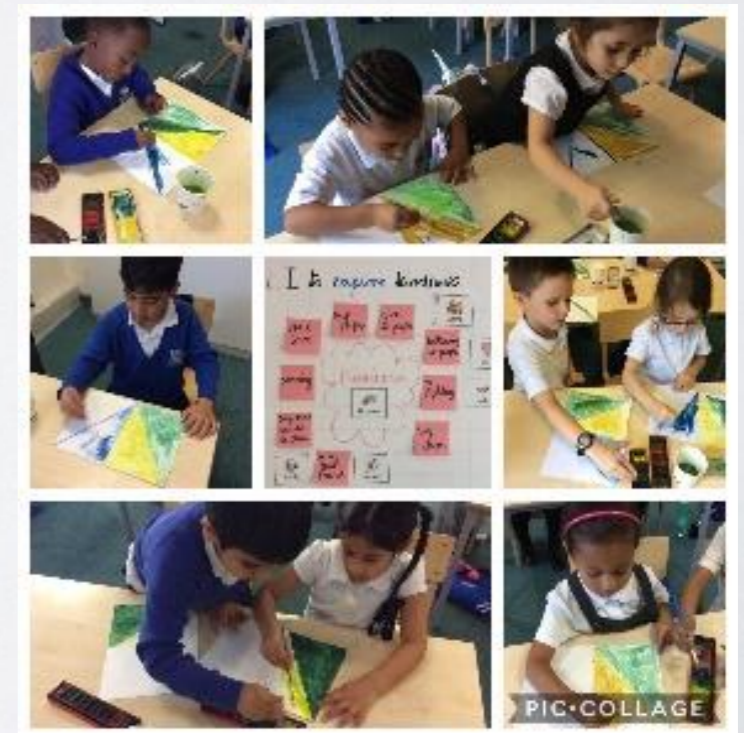


# HOW CHILDREN WILL LEARN

Children will learn in the same way as they would an English or Maths lesson, through discussion, activities and a skill based curriculum.

We give them factual information that will not interfere with your home values and faith.

We allow them to build their social skills and collaboration using our Kagan structures.



# RSE CONTENT - EYFS

- **All about me!**

- Who am I? What do I like/dislike?
- What is fair and unfair?
- What is right and wrong?

- **Rules and Responsibilities**

- Why do we have rules?
- What are our school rules?
- How do we keep ourselves safe?

- **Relationships**

- Who is in my family?
- How do we care for others?
- How can we be a good friend?
- What happens when we fall out?

- **Healthy Bodies**

- How do we keep our body healthy?
- Which foods are healthy?
- How do we keep our bodies clean?
- Who helps us?



# RSE CONTENT – KS1

- **Health and wellbeing**

- Healthy lifestyles
- Hygiene
- Changing and growing
- Emotions
- Keeping safe

- **Relationships**

- Communication
- Bullying
- Fairness
- Family and friends

- **Living in the wider world**

- Rules and responsibilities
- Communities
- Money and finance



# RSE CONTENT – KS2- YR3/4

- Recognise and respect that there are different types of families,
- Know the features of positive healthy friendships such as mutual respect, trust and sharing interests
- Identify what is appropriate to share with friends, classmates, family and wider social groups including online
- Differentiate between playful teasing, hurtful behaviour and bullying, including online
- Recognise differences between people such as gender, race, faith
- Explain how the internet can be used positively for leisure, for school and for work
- Learn about jobs that people may have from different sectors e.g. teachers, business people, charity work
- Identify a wide range of factors that maintain a balanced, healthy lifestyle, physically and mentally
- Identify external genitalia and reproductive organs

# RSE CONTENT – KS2- YR5/6

## HEALTH AND WELLBEING

HEALTH

NUTRITION AND FOOD

ASPIRATIONS

EMOTIONS

SAFETY

## RELATIONSHIPS

COMMUNICATION

COLLABORATION

SIMILARITIES AND DIFFERENCES

HEALTHY RELATIONSHIPS

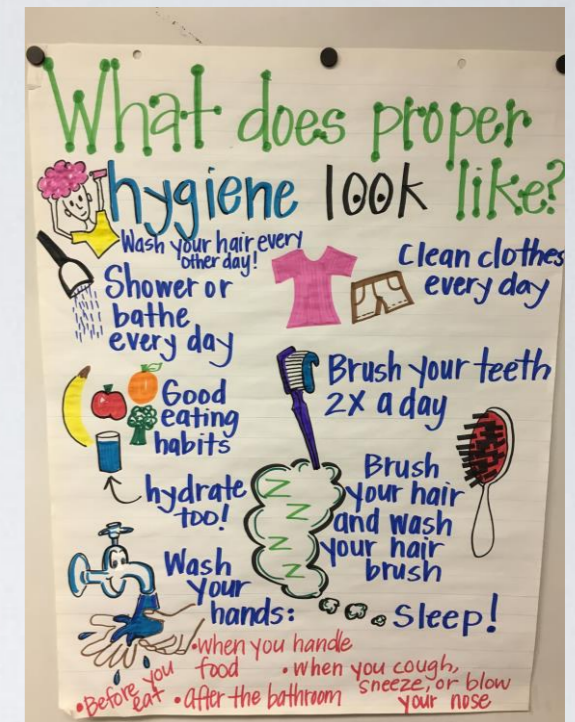
## LIVING IN THE WIDER WORLD

RIGHTS AND RESPONSIBILITIES

DIVERSITY

ECONOMIC AWARENESS

ENTERPRISE



# CAN PARENTS WITHDRAW THEIR CHILDREN?

- ❖ Parents **can not** withdraw from the **Science curriculum**.
- ❖ Parents can only **withdraw** their children from parts or all of the **Sex Education** in Year 6
- ❖ Has to be approved from ELT, a conversation will be had with parent to discuss their worries.
- ❖ Children will be given alternative work to complete.



## Understanding Relationships and Health Education in your child's primary school: a guide for parents

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

### Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching **'relationships and health education'** on GOV.UK.

### Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.



By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching **'relationships and health education'** on GOV.UK.

## Your rights as a parent

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this new curriculum. Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

Your child's school is required to consult with you when developing and renewing their policies on Relationships Education. These policies must be published online and be available to anybody free of charge.

You can express your opinion, and this will help your child's school decide how and when to cover the content of the statutory guidance. It may also help them decide whether to teach additional non-statutory content. Schools are required to ensure their teaching reflects the age and religious background of their pupils.

Some schools will start to teach these subjects from September 2019 – if you'd like to know more, please speak to your child's school about what they plan to teach.



### Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Your child's primary school can choose to teach Sex Education. If you'd like to know more about this, we recommend speaking to the school to understand what will be taught and when. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.



Department  
for Education

If you want to know more about what will be taught as part of the new subjects, the best thing to do is speak to your child's school.

# Guidance for parents

# WHAT'S NEXT

Our curriculum is a working document. It will be reviewed for the next academic year.

Parent/pupil/staff voice

Draft Policy will be on website beginning of next week

Follow up coffee morning in September 2021

