

Wednesday 14<sup>th</sup> December 2022

Dear Parent/Guardian/Carer,

**RE: Intensive swimming intervention – Palm Class**

We are delighted to inform you that this term as part of our PE curriculum for Year 5, we have secured sessions at the Woolwich Waterfront swimming baths. Your child's class, Palm Tree, will be attending intensive swimming lessons this term in order to ensure that they meet national standards in-line with the curriculum, which states:

**“pupils’ should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres”**

**The swimming weeks will take place on the following:**

**Intensive Daily lessons are from**

**Monday 9<sup>th</sup> to Friday 13<sup>th</sup> Jan 12noon-1pm**

**Monday 16<sup>th</sup> to Friday 20<sup>th</sup> Jan 12noon -1pm**

**Weekly Lessons**

**Tuesday 24<sup>th</sup> Jan & Tuesday 31<sup>st</sup> Jan are weekly lessons 1pm-2pm**

**February Weekly Lessons - 7<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> - 12noon-1pm**

**March Weekly Lessons – 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> -12noon-1pm**

Children will swim every day for two weeks and will need to bring the following each day:

- **Intensive swimming lessons-**
- All children must bring a packed lunch (**This will be provided by the school for children who receive free school meals only**) and a substantial healthy playtime snack (e.g. fruit/cereal bar)
- Swimming costume/Trunks and towel
- Swimming hat

Swim sessions will be taking place at the Woolwich Waterfront. We will be travelling to the pool by coach. As the intensive week is over the lunch period, we recommend that children bring a substantial snack for morning playtime e.g. fruit and half a sandwich, fruit and crackers or fruit and a cereal bar etc, and will additionally need a full packed lunch for after the lesson. **Children who receive free school meals will have a packed lunch provided.**

If you have any queries, please do not hesitate to speak to Mr Phillips or Miss Murphy.

Yours sincerely



Mr Phillips  
Headteacher